

HARMONISED REGULATIONS OF THE EUROPEAN CHAMPION CLUB CUPS (ECCC)

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I Introduction

Main Purposes for the Harmonisation of Existing Regulations into a most Assimilated and Standardised Regulations

Although the circumstances for the unification of Champion Club activities and the harmonisation of regulations are not so easy because of

- the different historical evolution of structures, statutes, rules and regulations
- the different ideals of the different activities
- reservations about the integration into a unified body under the patronage of EAA
- the different character of various competitions (Outdoor Cups, Cross Country)
- the intentional distinction and separation of Men, Women and Junior Events

the chairpersons of ECCC Committees representing the events as above agreed in a Meeting on 28 May 2000 in Vila Real de St. Antonio (POR) to be integrated into the EAA structure for the unification of Champion Clubs with their own authority within harmonised competition regulations.

The main purposes are to

- issue widely unified regulations providing similar organisational and technical conduct of Champion Clubs competitions in Europe under the patronage of EAA
- facilitate common administration and carrying out of all European Club Champion Events under the patronage of EAA
- appoint an "EAA Working Group for ECCC Affairs" representing all the current existing Champion Clubs Committees and Events
- co-ordinate the activities with the EAA (policy, calendar, organisation and regulations of competitions and measures etc.)
- to standardise the competition names, wording of regulations and dates
- to grant and use the EAA subventions more effectively

Other alternatives and purposes for the future could be

- to grant the ECCC status to other kinds of Champion Club activities
- to elect a common board of ECCC organisations with own statutes for all ECCC matters
- to establish a "Joint Office for the Administration of European Champion Clubs Events" activities on a honorary work or professional basis
- to integrate entirely the champion club activities in the competence of EAA

This draft of regulations was discussed during Meetings of the EAA Working Group for ECCC Affairs in Darmstadt in December 2000 and in May 2001 in Madrid as well as during a Meeting of the EAA Competition Committee in April 2001 in Bilbao. The regulations were approved by the Council at their Meeting in Barcelona in May 2001 and will be effective from 01 January 2002 on.. Once this paper has been discussed and the respective amendments have been incorporated the revised regulations will be compulsory for all ECCC organisations.

Background of European Champion Clubs Events

Actually the Competition Programme comprises the following five (5) Champion Club Events which have each their own Committee and are held annually:

- a) European Champion Clubs Cup in Track & Field - Women
- b) European Champion Clubs Cup in Track & Field - Men
- c) European Champion Clubs Cup in Track & Field - Juniors Women & Men
- d) European Champion Clubs Cup in Cross Country - Women
- e) European Champion Clubs Cup in Cross Country - Men

It will be taken into consideration at a later stage whether other club events such as

- Road Race Men
- Road Race Women
- Walking Men
- Walking Women
- Relays Men/Women

will be also given the ECCC status.

Co-operation of EAA with ECCC Committees

The Chairman of the EAA Working Group for ECCC Affairs is a Member of the EAA Council and the Chairman of the EAA Competition Committee.

The EAA Office and the ECCC chairpersons will co-operate continuously and closely.

At least once a year an official meeting of the EAA Working Group will be staged.

The EAA will grant personal, financial and material assistance.

General Principles for the Application and Organisation of Club Competitions are:

- The competitions will be held under the patronage of EAA and with EAA status.
- Applications for hosting ECCC events need the confirmation by the National Federation and EAA as a condition to be included in EAA Calendar
- Organisation in accordance with the IAAF Rules including doping control and advertising regulations
- Participation will be restricted to one National Champion Team of each European country whose national athletic federation is a member of the EAA. As a principle only 1 (one) club per country can take part.

Structure of new Regulations

The common aspects of all events shall be outlined in the General Regulations. The structure of Champion Club Regulations shall follow in principle the structure of EAA Regulations.

The specific regulations are divided into two main categories:

- Champion Clubs Cups in Track & Field (Men, Women and Juniors Men & Women)
- Champion Clubs Cup in Cross Country (Men and Women).

The first part of the Regulations relating to the competitions are set out in the General Regulations which are identical to each competition. The second part reflects the particularities of each competition.

II. REGULATIONS

A. GENERAL REGULATIONS FOR ALL EUROPEAN CHAMPION CLUBS CUPS

01. Tasks of the EAA Working Group (permanent authority of European Champion Clubs Organisations) in relation to European Club Champion Cups are to:

- 01.1. detail the regulations and amendments of European Champion Clubs Cups
- 01.2. propose allocating European Champion Club Competitions to Clubs with approval of the Member Federations
- 01.3. decide on venues and dates of Competitions in co-ordination with the EAA
- 01.4. have general charge of the supervision as an ultimate authority over the European Champion Clubs Cups to be conducted in conformity with the technical rules of the IAAF
- 01.5. decide upon the number of anti-doping tests
- 01.6. decide on basic regulations for financial matters
- 01.7. to decide on financial, TV and marketing matters

02. General Aspects of Competition Organisation

- 02.1. The following events will be staged annually:
 - European Champion Clubs Cups in Track and Field Men, Women and Juniors (in technical aspects widely according to the regulations of the EAA European Cup)
 - European Champion Clubs Cups in Cross Country Men and Women (in technical aspects widely according to the regulations of the European Cross Country Championships)
- 02.2. The Competitions are open to the National Club Champion of each country whose national athletic federation is a member of the EAA. If an EAA Member Federation does not have a Clubs Championship then the Federation can designate a Club or a Club's representative.

Note: For Cross Country see specific regulations for European Champion Club Cups of Cross Country Men & Women.

03. Criterias for Applications to stage the Cups

- 03.1. Any club of an EAA Member Federation is entitled to apply for the staging of an ECCC Event.

All applications must be endorsed by the relevant EAA Member and sent to the EAA Office and respective ECCC Committee and should be sent out not later than of the preceding year of the event:

- | | |
|---|-------------|
| a) ECCC Track & Field – Seniors Women & Men | 1 July |
| b) ECCC Track & Field - Juniors Women & Men | 1 September |
| c) ECCC in Cross Country - Women & Men | 1 December |

The application letter must be accompanied by:

- 03.2.1. the undertaking of the Organising Club and their national federation to respect all the IAAF and EAA Rules and Regulations by signing a declaration with the ECCC Committee as they shall require.
 - 03.2.2. the official endorsement of the City or Regional Authority in which the Event is to be held and a written undertaking of the country in which the competition is held to allow entry to and exit from the country for all ECCC Officials, participating athletes and team officials and media representatives as well as free import and re-export of all designated competition equipment and service to the event,
 - 03.2.3. a commitment of the National television to broadcast the event and to give the signal to the TV stations of the participating countries as far as possible
 - 03.2.4. such other information as the EAA or Committees shall require.
- 03.3. An application may be regarded as invalid if it does not conform in all respects with the conditions set out in this clause including satisfactory completion in full of the application form.
 - 03.4. Applications should be submitted on special forms issued by the “EAA Office” with
 - 03.5. a description of all competition, warming up and training facilities enclosed.
 - 03.6. The European Champion Club Cup are allocated to the Organising Club who shall be fully responsible for the complete promotion and the obligations towards the EAA and the "ECCC Committee".
 - 03.7. The Organising Club shall immediately appoint an Organising Committee to which it must not transfer any part of its own responsibility. At least one person from the Member Federation should be co-opted onto the Organising Committee for the purposes of liaison.
 - 03.8. The Organising Committee in agreement with the Organising Member Federation, has the right and duty to appoint all national referees, judges and other technical officials.
 - 03.9. The Organising Club shall be responsible for the organisation of planning and general administration, accounting and third-party insurance, accommodation and food, local transport, publicity and promotion, ticket sales, facilities for Press, Television and Radio, security, general protocol and ceremonies and for social programme
 - 03.10. the Organising Club must at all times co-operate with the Technical Delegate and the other officials appointed by the EAA. They must provide the technical and medical facilities and despatch the control samples to the Doping Control Laboratory.

- 03.11. the Organising Club shall assume responsibility for the first class rail travelling expenses or tourist class air fares together with board and lodging of the Technical Delegate and other Officials appointed by the EAA.

Note: The EAA will appoint the Technical Delegates for all ECCC competitions.

04. Requests and Conditions of Cups Organisation

- 04.1. As soon as the ECCC Committee has received the applications of the invited champion clubs and after having received the registration fee the designated Organising Club shall issue an event programme in English and in the language of the host country comprising at least the following information:
- history of the competition
 - competition rules
 - timetable
 - names of participating clubs as well as stating their club colours
 - the winners of the preceding years
 - the records of the event.
- 04.2. The Organising Club, in close co-operation with the ECCC Committee concerned, will send in due time an invitation to the participating clubs and their national federations containing the following information:
- map showing stadium and accommodation
 - participating clubs
 - name, address, E-mail, telephone and fax numbers of the organiser
 - any changes to the rules agreed
 - cost and availability of additional accommodation
 - information on any proposed sightseeing tours.

05. Qualified Clubs

- 05.1. Only Clubs recognised as National Champions of the preceding year by the respective EAA Member Federations are eligible to take part in the European Champion Clubs Cups. If the champion club is not able to take part then the National Federation may nominate the second placed club team.
- Once the right of hosting a competition has been awarded to a Club, this club will maintain the right of organising the competition providing they are the only team from that country willing to participate.

06. Eligible Athletes

- 06.1. A Club may only select athletes for the competition who are eligible under their Federation terms of eligibility at the date in the year in which the competition is held. Provided always that such an athlete is a bona fide member of that club for a period starting at least on the 1st January of the year of the competition.

- 06.2. Selected foreign athletes must comply with the National Federations rules of qualification currently in force and must present their resident card. In countries where resident cards are not used the club concerned must provide the proof by state or town authorities that this athlete is living in the country. Moreover, their number is limited to two (2) in each team in track & field and to one (1) in cross country. No exception will be made. These qualifications will be controlled by the National Federation of the Club concerned. Where a club wishes to participate with foreign athletes then that club must attach a list of the existing foreign athletes with their preliminary entry form. No additional foreign athlete will be allowed to participate within this regulation. The ECCC Committee and the EAA Technical Delegate reserve the right to inspect passports of the competing athletes.

07. Entries

- 07.1. The deadline for returning the preliminary entry form to the Organising Club with a copy to the ECCC Committee will be 5 (five) months before the date of the competition.
- 07.2. The preliminary entries must be accompanied by a registration fee of 1000 Euros.
- 07.3. Final entries of athletes bearing the stamp of the national federation must be received by the Organising Club via the National Federation not later than 10 days before the competition. A copy of the final entries shall also be sent to the respective ECCC Committee. The EAA may introduce an online entry system through the EAA website for certain ECCC events.
- 07.4. Final declaration of athletes and confirmation of entries must be made 4 (four) hours prior to the Technical Meeting at the latest.

08. Jury of Appeal

- 08.1. The Technical Delegate shall propose to the team leaders attending the Technical Meeting (TM) the election of an adequately representative and qualified Jury of Appeal. The Jury of Appeal is composed of three (3) people, each of different nationality.
- 08.2. No member of the Jury may act in cases where an athlete of his or her own nationality is concerned. If this will be the case, another person to be appointed by the Technical Delegate will act on behalf of the Jury Member in question.

09. Doping Controls

- Doping control shall be conducted in accordance with the respective IAAF Rules and Guidelines and shall be carried out under the following conditions:
- 09.1. The Local Organising Committee must provide the technical and medical facilities (in particular equipment and personnel) to carry out this control in accordance with the conditions laid down in the IAAF Rules and Guidelines.

- 09.2. At the different competitions the following numbers of tests have to be conducted:
- 09.2.1. Track & Field Seniors
group A: 7 men / 7 women
group B: 5 men / 5 women
group C: 4 men / 4 women
- 09.2.2. Track & Field Juniors
group A: 2 men / 2 women
group B: 2 men / 2 women
group C: 2 men / 2 women
- 09.2.3. Cross Country Seniors:
5 men / 5 women
- 09.3. The results of the testing of samples shall be notified immediately by the testing laboratory to the General Secretary of the EAA and by copy to the IAAF Secretariat. If testing results are in apparent violation of the IAAF rules, the General Secretary shall act as laid down in the provisions of the IAAF Doping Rules.
- 09.4. The costs of the control, the despatch of the samples to the laboratory and of the analysis will be borne by the organising club.
- 09.5. The Technical Delegate shall decide in accordance with the IAAF Rules and Guidelines for Doping Control which placings from the competition will be selected for the doping control. The Delegate may however, at any time, require any athlete he or she deems necessary to present himself or herself for a doping test.

10. Financial Obligations

The Organising Club

- 10.1. The Organising Club shall receive the income from
- any subvention
 - the sale of the entrance tickets,
 - TV coverage, if any
- 10.2. The Organising Club undertakes to cover the organisation expenses and local transport as well as accommodation and board costs of each delegation for one (1) night more than days of competition. The maximal number of quota team members is at the men's and women's competition each 22 athletes and 4 officials including for juniors.
If for financial reasons no organiser is found for one of the competitions the ECCC Committee concerned reserves the right to increase the registration fee in order to be able to subsidize interested organisers.
- 10.3. Expenses incurred by the Members of the "ECCC Committee" such as travel, accommodation and administration expenses are covered by registration fees, contributions of Organising Clubs etc.

The Participating Clubs

- 10.4. The travel expenses, accommodation costs for extra persons and extra days as well as any personal expenses have to be borne by the participating Club.

Note: In Cross Country the ECCC Committee will examine in conjunction with the organising club whether special subventions for travelling costs may be agreed on request.

- 10.5. The final amount is to be subject to negotiations between the "ECCC Committee" and the Organising Clubs.
With regard to the specific financial regulations please refer to the event concerned.
- 10.6. The participating EAA Members are responsible for taking out their own insurance to cover illness or injury to any member of their team when travelling to and from EAA competitions and during the event itself.
- 10.7. In order to partially support accommodation costs the following amount shall be paid by each team to the organiser:
- Track & Field Seniors: 1500 Euros (price charged per night 500 Euros)
- Track & Field Juniors: 600 Euros (price charged per night 300 Euros)

11. Ceremonies

- 11.1. The venue shall be decorated with the official flags of the countries of the participating EAA Members and the EAA flag.
- 11.2. Opening Ceremony:
Where conditions are conducive to the staging of an Opening Ceremony the following shall apply:
- 11.2.1. All participating clubs shall take part in the Opening Ceremony.
- 11.2.2. All participating clubs in their approved uniforms shall parade before the main stand behind a shield bearer and the official flag of their country. On the shield shall appear the name of the participating club together with the code name of the member federation's country in the language of the host country and in accordance with the name listed in the IAAF rules. They shall parade in the country alphabetical order of the language of the host country. The host country's delegation shall be the last to enter and shall be followed by a delegation carrying the flag of the EAA or of the host country.
- 11.2.3. Welcome by the Chairman of the Organising Club or his representative
- 11.2.4. Departure of the shield and flag bearers and delegations.
- 11.3. Victory Ceremony:
- 11.3.1. Shortly after the completion of each event, the first 3 (three) competitors shall mount the rostrum in their approved track suits to receive their awards. This rule is applied for European Champion Club Cups Track & Field Juniors and Cross Country.
- 11.3.2. The presentation of trophies to the winning teams may take place at the competition's venue or at the closing banquet.
- 11.4. All participants and officials shall be presented with a commemorative medal.
- 11.5. There shall be no Closing Ceremony.

12. Awards, Souvenirs, Information

- 12.1. The winning teams in Track & Field and Cross Country will get a special trophy. The first three placed teams in each Cross Country event shall receive medals.
Possibly all participants should receive a souvenir.
- 12.2. All information shall be printed, displayed or announced in English and in the language of the host country. In every kind of information item, bulletin, competition document and during official functions the country names used (full name or abbreviation) must correspond to the names and abbreviations as laid down in the IAAF Rules.

B. SPECIFIC REGULATIONS FOR TRACK & FIELD SENIORS, JUNIORS (MEN & WOMEN)

01. Regulations of Competition Organisation

This competition is carried out for National Champion Clubs separately or together for men's and women's and juniors teams. The event(s) men and women is/are staged on two days on the same weekend, normally last full weekend of May.. The events for juniors are staged normally on the 3rd weekend of September. The participating teams will compete in groups A, B and C (if necessary) applying the same system of organisation as the European Cup of EAA in accordance with the following principles:

- 1.1. The European Champion Clubs Cups shall be technically held according to Rule 609 of the current Regulations for the European Cup Superleague (EAA Regulations as at April 2004). EAA Rule 609.2 shall only be fully applied if facilities and equipment of stadiums correspond to the requests.
- 1.2. The grouping shall be made on the basis of the results of the previous year's European Champion Clubs Cups. The event for the men's and women's teams of the same Group A, B and C shall be staged at the same venue.
- 1.3. In principle eight (8) teams will compete in each group.
 - 1.3.1. For the group A are qualified the first six (6) placed teams of the previous year, two (2) promoted teams of the group B of the previous year.
 - 1.3.2. The team placed first in the group A will be the winner of the European Champion Clubs Cup for men's teams or women's teams, respectively.
 - 1.3.3. The first two (2) placed teams in the group B will be promoted to group A for the next European Champion Clubs Cup.
 - 1.3.4. The teams placed on the last two (2) places in group B will be relegated to group C for the next European Champion Clubs Cup.
 - 1.3.5. The teams placed first and second in group C will be promoted to group B for the next European Champion Clubs Cup.
- 1.4. In case that more teams will be entered or teams qualified for any Group are not entered in the next European Cup all necessary decisions in this regard shall be made by the "ECCC Committee".

02. European Champion's Club Cup Trophy

- 02.1. The Cup Trophy which will be made available by the Organising Club will be presented to the victorious team.
- 02.2. A Club winning the European Trophy in three consecutive years or four times unconsecutively may permanently retain the Cup. In this case the ECCC Committee will supply another trophy.

03. Scoring

- 03.1. At each competition, the winner of each individual and of each relay event will score as many points as there are teams competing, the second will score one (1) point less and so on as far as the last who will score one (1) point. Athletes or relay teams disqualified or not finishing will not score.
- 03.2. In the event of two (2) or more teams gaining the same number of points in the respective European Champions Club Cup competition, the tie shall be decided in favour of the team with the greater number of first places.
Should the tie then still remain, the team with the greater number of second places shall be given the higher position and this system shall be applied, if necessary, to subsequent placings until the tie is decided.
- 03.3. If there is a tie in any event, the combined points of athletes so tying shall be divided.

04. Programme of the Clubs Competition

Men

Running: 100 m, 200 m, 400 m, 800 m, 1500 m, 3000 m, 5000 m,
110 m hurdles, 400 m hurdles, 3000 m steeple
Jumps: high jump, pole vault, long jump, triple jump
Throws: shot put, discus, hammer, javelin
Relays: 4 x 100 m, 4 x 400 m.

Women

Running: 100 m, 200 m, 400 m, 800 m, 1500 m, 3000 m, 5000 m,
100 m hurdles, 400 m hurdles, 3000 m steeple
Jumps: high jump, pole vault, long jump, triple jump
Throws: shot put, discus, hammer, javelin
Relays: 4 x 100 m, 4 x 400 m

Juniors (Men)

Running: 100 m, 200 m, 400 m, 800 m, 1500 m, 3000 m, 110 hurdles,
400 hurdles, 3000 steeple chase
Jumps: high jump, pole vault, long jump, triple jump
Throws: shot put, discus, hammer, javelin
Relays: 4 x 100 m, 4 x 400 m

Juniors (Women)

Running: 100 m, 200 m, 400 m, 800 m, 1500 m, 3000 m, 100 m hurdles,
400 m hurdles, 3000 steeple chase
Jumps: high jump, pole vault, long jump, triple jump
Throws: shot put, discus, hammer, javelin
Relays: 4 x 100 m, 4 x 400 m

Junior athletes (Men and Women) must not reach 20 years of age during the year of the competition.

The heights and weights of implements are those as being used at European Junior Championships.

05. Entries

- 5.1. There will be one competitor per Club team in each individual event.

The competitions will in principle take place according to the rules of the European Cup. The competitions of the A group must be staged in stadia with eight (8) lanes. Ideally competitions of the B and C groups will also be staged in stadia with 8 lanes. However in the event that stadia with only 6 or 7 lanes are used then the following arrangements should be applied

For events run in lanes (100 m, 200 m, 400 m, 800 m, 110 m hurdles, 400 m hurdles) and according to the number of the participating Clubs as well as the number of the lanes there will normally be two direct finals; the best performers will run in the A-final and the others in the B-final which will take place before the A-one. The Organising Club in consultation with the Technical Delegate will institute the composition of these ones according to the most recent valid performances of the competitors. The scoring will be established according to the time. If there is a tie in any event, the combined points of athletes so tying shall be divided.

- 5.2. For the 1500 m, if there are more than 13 competitors, the athletes will be divided into two finals as mentioned here above and there will be at least 8 athletes in the A-final. If there are 13 competitors, or less, there will be a direct final for all of them as for the events mentioned hereafter.
- 5.3. Each athlete can take part in a maximum of three events of which at least one must be a relay-race. The runners in 1500 m, 3000 m and 5000 m are only allowed to participate in one of these three events, if the competition is held on one (1) day.
- 5.4. In all field events, except in vertical jumps, 4 attempts are allowed.
- 5.5. The order of the events for each day should correspond to regulation 602 of the European Cup of EAA. The order of the events should normally be as follows if the competition is held on 2 (two) days:

- 5.5.1. The order of track events for each day (Men)

<u>First day</u>	<u>Second day</u>
400m hurdles	110m hurdles
1500m	800m
100m	3000m steeplechase
400m	200m
5000m	3000m
4x100m relay	4x400m relay

5.5.2. Field events should normally be divided between the two days as follows:

<u>First day</u>	<u>Second day</u>
high jump	pole vault
long jump	triple jump
shot	discus
javelin	hammer

5.5.3. The order of track events for each day (Women)

<u>First day</u>	<u>Second day</u>
400m hurdles	1500m
100m	100m hurdles
800m	200m
400m	5000m
3000m	4x400m relay
3000m steeplechase	
4x100m relay	

5.5.4. Field events should normally be divided between the two days as follows:

<u>First day</u>	<u>Second day</u>
high jump	long jump
triple jump	shot
discus	javelin
pole vault	hammer

5.5.5. The order of track events for each day (Men & Women together)

<u>First day</u>		<u>Second day</u>	
400m hurdles	Women	110m hurdles	Men
400m hurdles	Men	800m	Men
100m	Women	1500m	Women
100m	Men	3000m steeple	Men
800m	Women	100m hurdles	Women
1500m	Men	200m	Women
400m	Women	200m	Men
400m	Men	5000m	Women
3000m	Women	3000m	Men
5000m	Men	4x400m relay	Women
3000m steeplechase	Women	4x400m relay	Men
4x100m relay	Women		
4x100m relay	Men		

5.5.6. Field events should then normally be divided between the two days as follows:

<u>First day</u>		<u>Second day</u>	
high jump	Men	pole vault	Men
long jump	Men	triple jump	Men
shot	Men	discus	Men
hammer	Men	javelin	Men
pole vault	Women	hammer	Women
triple jump	Women	high jump	Women
discus	Women	long jump	Women
javelin	Women	shot	Women

5.5.7. The order of the events for a 1 (one) day senior men's or women's competition should normally be as follows:

1	Hammer	12	110/100m hurdles
2	Opening Ceremony	13	400m
3	400m hurdles	14	High Jump
4	Pole Vault	15	Discus
5	Javelin	16	Triple Jump
6	Long Jump	17	5000m
7	Shot Put	18	200m
8	100m extra	19	1500m
9	100m	20	4 x 100m
10	800m	21	4 x 400m
11	3000m		

5.5.8. The order of the events for a 1 (one) day junior men's and women's competition should normally be as follows:

1	Hammer (M)	14	Javelin (M)	27	1500m (W)
2	Triple Jump (W)	15	100m (W)	28	Long Jump (M)
3	Pole Vault (W)	16	Long Jump (W)	29	1500m (M)
4	Hammer (W)	17	100m (M)	30	100m hurdles (W)
5	Shot Put (M)	18	400m (W)	31	Javelin (W)
6	Triple Jump (M)	19	400m (M)	32	110m hurdles (M)
7	High Jump (W)	20	Shot Put (W)	33	3000m (W)
8	Discus (W)	21	3000m steeple (W)	34	3000m (M)
9	400m hurdles (W)	22	3000m steeple (M)	35	4 x 100m (W)
10	400m hurdles (M)	23	High Jump (M)	36	4 x 100m (M)
11	Pole Vault (M)	24	Discus (M)	37	4 x 400m (W)
12	800m (W)	25	200m (W)	38	4 x 400m (M)
13	800m (M)	26	200m (M)		

Note: In all competitions for safety reasons the hammer throw may be held at an alternative time.

5.6. Technical problems have to be resolved at the Technical Meeting before the competition in the presence of the Technical Delegate. The Chairman of the EAA Working Group for ECCC Affairs or a member of the ECCC Committee should preside at the Technical Meeting.

C. SPECIFIC REGULATIONS FOR CROSS-COUNTRY MEN AND WOMEN

01. Promotion

- 01.1. The European Club Committees for Cross Country shall promote European Champion Club Cups in Cross Country in every year for Men and Women as an individual and team competition.
- 01.2. The Cup men and women shall be held on the same venue and in principle on the first weekend of February. The EAA Council may change this date depending on requirements of the EAA Calendar.

02. Programme

- 02.1. The ECCC Cross Country Races shall be staged on 1 (one) day and in accordance with the applicable Rules of the International Amateur Athletic Federation (IAAF).
- 02.2. The Cup shall be held in principle over the following distances and in the following order:

Women: 4500 m to 5500 m
Men: 9000 m to 10000 m

03. Entries, confirmations and scoring

- 03.1. Team entries and reserves - Every EAA Member may enter 1 (one) team for each event. Moreover, the first three (3) placed teams of the previous cup competition and the organiser of the event will be invited. Only the national champion clubs in the long distances are qualified.
 - 03.1.1. For the Men's race, teams of not more than 8 (eight) athletes can be entered. Not less than 4 (four), nor more than 6 (six) shall be allowed to start in the race of whom 4 (four) will score.
 - 03.1.2. For the Women's races, teams of not more than 7 (seven) athletes can be entered. Not less than 3 (three), nor more than 5 (five) shall be allowed to start in the race of whom 3 (three) will score.
- 03.2. Preliminary entries: Preliminary entries indicating the number of athletes per event and the number of officials must be submitted not later than 3 (three) months before the Races.
- 03.3. Final entries: Final entries for individuals and teams plus the names of officials must arrive at the Organising Club with copy to the ECCC Committee not later than 10 (ten) days before the day of the Races.
All Clubs must, on the Final Entry Form, describe their team uniform, (competition attire and warm-up attire), including the colours. All athletes of the team shall wear the described attires.
- 03.4. Final declaration and confirmation - Final declaration of athletes and confirmation of entries must be made at the Technical Meeting.

04. Scoring

- 04.1. Each race shall be scored separately.
For the Men's race, 4 (four) athletes and in the Women's race 3 (three) athletes score.
- 04.2. The team results shall be decided by the aggregate of placings recorded by the scoring athletes of each team. The team with the lowest aggregate of placing points will be judged the winner.
- 04.3. If a team fails to finish with a complete scoring team, it will not be classified in the team result. The athletes finishing shall be counted as individuals in the race result and shall be eligible for the individual placings.
- 04.4. No adjustment to the scoring placings of the finishing teams shall be made in respect of any non-scoring team runners or of individual entries.
- 04.5. Ties - In the event of a tie, it shall be resolved in favour of the team whose last scoring runner finishes nearest to the first place.

05. Applications for staging the European Champions Club Cups in Cross Country

- 05.1. Clubs are invited to announce their intention to apply for staging the European Champions Club Cup in Cross Country through their Member Federations to the EAA Office with copy to the ECCC Committee. This announcement must be forwarded until 10 (ten) months preceding the year during which the European Champions Club Cup is to take place.
The EAA office will then send the official application forms via the national federations to the Clubs interested.
- 05.2. Applications to stage the Cup must be sent by the Clubs via their National Federations in order to reach the ECCC Committee not later than 1 July of preceding the year during which the Cup is to take place.
- 05.3. Applications shall be submitted on the official application forms in English issued by the EAA Office and shall be accompanied by a description of the proposed course, giving details of the obstacles and a profile showing the gradients. The course shall comply with the requirements of IAAF Rule 250.

06. Financial Regulations

The Organising Club

- 06.1. The Organising Club shall pay the board and lodging expenses for not more than 2 (two) days and for maximum of 4 (four) men and 3 (three) women and 1 (one) official from each Club.

The ECCC Committee

- 06.2. The ECCC Committee shall not be responsible for any costs other than those referred to in these regulations and/or the Club Agreement. Any such costs must be met by the Organising or Participating Club(s) as appropriate.
- 06.3. The ECCC Committee shall approve the accommodation costs, all taxes included.

The Participating Members

- 06.4. The visiting teams shall pay their travelling expenses, in both directions, to and from the venue of the competition if not otherwise agreed with the ECCC Committee and the Organising Club. They have also to pay the board and lodging expenses at the venue of the competition, which exceed such costs to be borne by the organiser as laid down in 06.1. Local transport shall be arranged and paid for by the Organising Club.
- 06.5. Each team will be charged the sum of 200 Euro as participation fee.

07. Technical requirements

Approved fully automatic timing equipment and photo-finish installations must be provided and shall be used. Video tape recording equipment should be installed and shall be used.

08. Victory Ceremonies:

- 08.1. Shortly after the completion of each race, the first 3 (three) athletes shall mount the rostrum in their approved track suits to receive their awards.
- 08.2. Medals: The winner, the second and the third of each race shall receive a gold, a silver and a bronze-plated medal, respectively.
All members of the first 3 (three) teams in each event shall also receive medals.
The presentation of medals and trophies to the first 3 (three) placed teams of each race may also take place at a suitable occasion later on the same day.
- 08.3. All participants and officials shall be presented with a commemorative medal.
- 08.4. Diplomas: No diplomas will be presented.